

THE KINGDOM MAN CHALLENGE

STEPPING UP

A 49 Day Journey of Prayer,
Faithfulness, and
Discipleship



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INTRODUCTION

The Kingdom Man Challenge

A Message from Pastor Derry L. Moten

Brothers,

The *Kingdom Man Challenge* was created for the men of **Abundant Life Worship Center**, not as another program, but as a spiritual journey designed to draw us closer to God and strengthen our walk as men of prayer, faithfulness, and discipleship.

Everywhere we look, the world is redefining manhood in ways that pull us toward pride, independence, and self-reliance. But in God's Kingdom, manhood begins with submission. The cornerstone of sin is self-centeredness, and the call of Christ is to let self die so that He can live through us.

This challenge is about **stepping up to God's call**, not to prove our strength or take control, but to *be disciplined by Him*. It is about letting Jesus make us to become who we were always meant to be, just as He said in **Mark 1:17**, "*Follow Me, and I will make you become fishers of men.*"

Over the next 49 days, you will walk through a process of spiritual renewal, one that will help you leave behind self-centered living and walk fully in the identity of a Kingdom Man. You will learn to live from a place of prayer, grow through the Word, build brotherhood through grace, and serve with gratitude. Most importantly, you will rediscover the power of abiding in Christ and letting His Spirit shape your life.

This is not a competition or a ritual. It is a personal journey between you and God, a time of realignment, reflection, and response. Every man who accepts this challenge is making a simple but powerful declaration:

"Lord, make me to become....."

The Purpose of the Challenge

The *Kingdom Man Challenge* is designed to help us:

- **Return to prayer** as our first response, not our last resort.

- **Walk in faithfulness**, building consistency in our relationship with God and others.
 - **Grow as disciples**, learning to follow Jesus daily and allowing Him to shape our thoughts, words, and actions.
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Your Commitments

Throughout this challenge, every man is asked to commit to four simple but powerful actions that will anchor your growth:

1. **Daily Prayer (10–30 minutes):** Spend focused time with God each day in prayer, reflection, and surrender.
 2. **Scripture Memorization and Application:** Each week includes a foundation Scripture to memorize and apply in daily life.
 3. **Brotherhood Connection:** Reach out to at least one brother weekly for encouragement, prayer, and genuine fellowship.
 4. **Service Participation:** Be willing to participate in the men’s service project during November as an expression of gratitude and Kingdom love.
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What You Will Experience

Each week will focus on a key truth that helps shape us into the men God is calling us to be.

Week	Theme	Focus
Week 1	<i>I Am a New Creation in Christ</i>	Letting go of self-centered living and embracing a new identity through submission to God.
Week 2	<i>Stepping Up to the Call</i>	Learning that stepping up is not about taking charge, but about being disciplined by God and allowing Him to “make you to become.”
Week 3	<i>The Power of Daily Prayer</i>	Building intimacy and dependence on God through consistent, Spirit-led prayer.
Week 4	<i>The Word That Builds Men</i>	Allowing Scripture to shape your character, renew your mind, and direct your steps.

Week 5	<i>Brotherhood and Grace</i>	Strengthening your relationships through authenticity, compassion, and mutual encouragement.
Week 6	<i>Service as Gratitude in Action</i>	Expressing gratitude through humble service that reflects the heart of Jesus.
Week 7	<i>Living the Kingdom Life</i>	Abiding in Christ daily and bearing lasting fruit through faithfulness.

A Journey from Self to Submission

Brothers, the heart of this challenge is transformation, moving from self-centered living to God-centered surrender. Each prayer, Scripture, and act of obedience is an opportunity to say, “*Lord, make me to become more like You.*”

As you walk through these seven weeks, you will discover that the true measure of a man is not in what he controls but in what he surrenders. God is not asking you to be perfect; He is asking you to be present.

This journey will test your consistency, shape your faith, and strengthen your spirit. But if you stay the course, you will emerge different — renewed in purpose, rooted in prayer, and ready to live out your faith as a Kingdom Man.

An Invitation to Begin

Men of Abundant Life, this is our moment to rise.

Let’s take these next forty-nine days to pray, to grow, to serve, and to become.

“Not by might nor by power, but by My Spirit,” says the Lord of hosts. (**Zechariah 4:6**)

These next seven weeks are not just about finishing strong — they are about beginning again, this time as men fully submitted to God.

Let’s step up to His call together and allow Him to make us to become.

— **Pastor Derry L. Moten**

For more information or to follow the challenge videos, go to our website: <https://www.abundantlifeworship.net/kingdom-man-challenge/>



WEEK 1 (November 1–7, 2025)

I AM A NEW CREATION IN CHRIST

Scriptures

- **2 Corinthians 5:17**
 - **Isaiah 43:17–18**
 - **Philippians 3:13–15**
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Theme

Leaving behind self-centeredness and embracing a new identity that is fully surrendered to Christ.

Teaching Focus

The journey of a Kingdom Man begins with transformation, not determination. Many men try to improve themselves through effort, discipline, or performance, but the Gospel begins where self ends. The first step into God’s Kingdom is not self-advancement; it is surrender.

When Paul wrote, “If anyone is in Christ, he is a new creation,” he was describing more than forgiveness. He was announcing a transfer of identity. The old man, ruled by pride, fear, and self-interest, has passed away. In Christ, a new man is born, empowered by grace and guided by the Spirit.

Self-centeredness is the root of sin. It causes men to trust their own wisdom, pursue their own comfort, and protect their own image. But when we submit to God, we find freedom from the exhausting need to be in control. True manhood is not about independence; it is about dependence on Christ.

A Kingdom Man learns to say, “Not my will, but Yours be done.” This is the beginning of a new life, a life that reflects God’s image, reveals His love, and advances His Kingdom.

Key Points

1. The old life was centered on self; the new life is centered on Christ.
2. Submission is not weakness; it is alignment with divine strength.

3. God's grace does not reform the old man; it resurrects a new one.
 4. Transformation begins when we stop fighting for control and start yielding to God's will.
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Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Begin each day in quiet submission before God. Ask Him to reveal areas where self has taken the lead. Pray for the courage to surrender those areas to His authority.
 2. **Scripture Memorization:** Commit 2 Corinthians 5:17 to memory. Let this truth shape your identity and renew your confidence in God's power to make all things new.
 3. **Brotherhood Connection:** Reach out to one brother this week to share what "new creation" means to you. Listen, encourage, and remind one another of God's transforming grace.
 4. **Service Commitment:** Begin praying about how you will participate in the men's service project later this month. Ask God to prepare your heart to serve with gratitude and humility.
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Reflection Prompts

- Where in my life has self-centeredness kept me from full submission to God?
 - What is one "old thing" God is asking me to release this week?
 - What does it mean for me personally to walk as a new creation in Christ?
 - What word of encouragement does God have for me to offer another brother?
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Prayer of Commitment

Father, thank You for calling me out of my old life and giving me a new identity in Christ. Help me to see myself through Your eyes, not through the failures or achievements of my past. Teach me to surrender every part of my life to You, my thoughts, desires, and actions. Today I choose to walk as a new creation, free from self and filled with Your Spirit. Let my life bring You glory and reflect Your grace in all that I do. In Jesus' name, Amen.

WEEK 2 (November 8–14, 2025)

STEPPING UP TO THE CALL

Scripture

1 Peter 2:9, “You are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light.”

Mark 1:17, “Then Jesus said to them, ‘Follow Me, and I will make you become fishers of men.’”

Theme

Stepping up is not about taking charge, but about surrendering to God’s process of transformation, allowing Him to disciple you and make you become who He has called you to be.

Teaching Focus

When many people hear the phrase “*step up*,” they think of taking control, being the leader, or proving their strength. But in the Kingdom of God, stepping up means something very different. It means submitting to the One who calls and trusting Him to make you into what you cannot become on your own.

When Jesus called His first disciples, He didn’t ask them to show their qualifications. He invited them into a relationship: “*Follow Me, and I will make you become.*” The making belongs to Him. Our part is to follow.

A Kingdom Man doesn’t step up to lead; he steps up to learn. He doesn’t step up to command; he steps up to be changed. This is where transformation begins, when we answer God’s call not with pride or pressure, but with humility and faith.

God’s call is not a demand for perfection, but an invitation to process. As we follow Christ, He shapes our hearts, renews our minds, and molds our character. Over time, we *become* what He always intended, sons who reflect His image and servants who reveal His glory.

Stepping up is about surrendering the right to define yourself and allowing God to define you. It is about yielding your plans, preferences, and pace to His hands. Only then can you truly walk in your calling.

Key Points

1. Stepping up is not about control; it is about surrender.
2. God's call is not a demand to perform, but an invitation to be disciplined.
3. Transformation happens when we follow Christ consistently and allow Him to "make us become."
4. A Kingdom Man responds to the call by letting God form His character before He fulfills His assignment.

Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Ask God to reveal areas where you have tried to take control. Pray for the grace to yield to His process and trust His timing.
2. **Scripture Memorization:** Memorize both 1 Peter 2:9 and Mark 1:17. Reflect on what it means for Jesus Himself to *make you become*.
3. **Brotherhood Connection:** Share with a brother how God is shaping or discipling you in this season. Encourage one another to let God lead the process of growth.
4. **Service Commitment:** Serve in a way that reflects humility this week. Focus on being available and teachable rather than being seen or acknowledged.

Reflection Prompts

- In what ways have I tried to define or control what God is calling me to become?
- How can I be more intentional about following Jesus daily rather than trying to lead from my own strength?
- What has God begun to shape or refine in me since I started this challenge?
- What word of encouragement does God have for me to offer another brother this week?

WEEK 3 (November 15–21, 2025)

THE POWER OF DAILY PRAYER

Scripture

Luke 11:1–4, “Now it came to pass, as He was praying in a certain place, when He ceased, that one of His disciples said to Him, ‘Lord, teach us to pray.’”

Theme

Learning to live in daily communion with God through prayer that transforms the heart.

Teaching Focus

Every Kingdom Man must learn what the disciples learned: prayer is not a religious task; it is a relational exchange. When the disciples asked Jesus to teach them to pray, they were not seeking new words, but a new way of living. They had seen in Jesus a man whose strength, peace, and wisdom flowed from His connection to the Father.

Prayer is the language of dependence. It draws us away from self-reliance and into surrender. Each time we pray, we acknowledge that life, wisdom, and power come from God alone. The man who prays learns to listen before he acts, to seek before he decides, and to rest before he strives.

A Kingdom Man does not pray to impress others or to meet a religious expectation. He prays to abide. His daily prayer is not simply about asking for things but about aligning his heart with God’s will. As this relationship deepens, prayer begins to shape the way he thinks, speaks, and responds.

When prayer becomes a lifestyle, peace replaces pressure. The man who prays daily does not walk alone. He carries the awareness of God’s presence into every area of life.

Special Focus: A Gift to Strengthen Your Prayer Journey

During our Sunday worship service this week, every man participating in the Kingdom Man Challenge will receive a special gift designed to strengthen your prayer life. This gift is a reminder that prayer is both personal and powerful, a daily invitation to commune with God. Use it as a tool and symbol of your ongoing conversation with the Father.

Key Points

1. Prayer is not performance; it is partnership with God.
2. Consistent prayer reorders our thoughts and emotions around God's will.
3. The man who prays learns to depend on God instead of himself.
4. Prayer builds intimacy, humility, and spiritual strength.

Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Set aside quiet time each morning to speak honestly with God and listen for His direction. Use the Lord's Prayer as a pattern for personal reflection.
2. **Scripture Memorization:** Commit Luke 11:1–4 to memory. Reflect on what it means for Jesus to personally teach you how to pray.
3. **Brotherhood Connection:** Invite a brother to join you in prayer this week. Share one personal request and one praise, then pray together in faith.
4. **Service Commitment:** Ask God to show you someone you can serve quietly this week, a simple act of kindness that becomes a living prayer.

Reflection Prompts

- What does my prayer life reveal about my dependence on God?
- How is the Holy Spirit teaching me to pray differently in this season?
- Where do I still try to control outcomes instead of surrendering them in prayer?
- What word of encouragement does God have for me to offer another brother this week?

WEEK 4 (November 22–28, 2025)

THE WORD THAT BUILDS MEN

Scripture

Joshua 1:8, “This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.”

Theme

Allowing the Word of God to shape your heart, renew your mind, and direct your steps.

Teaching Focus

The Word of God is more than a book; it is the voice of the living God speaking to His people. A Kingdom Man cannot grow strong apart from the Word. Just as the body needs food, the spirit needs Scripture.

God told Joshua that success and prosperity would come not from skill, strength, or status, but from a life rooted in His Word. The same is true today. When we meditate on the Word, it begins to transform our thoughts, guard our emotions, and direct our actions.

The old man was driven by impulse and emotion. The new man is led by revelation. Every verse that enters our heart becomes a seed that produces fruit in time. Scripture renews the mind and rewires the soul to think, act, and respond with the wisdom of heaven.

To build a life that lasts, a Kingdom Man must do more than read Scripture, he must obey it, speak it, and live it. When we allow God’s Word to dwell richly within us, we become steady, strong, and spiritually mature. The Word builds us into men who reflect the character of Christ.

Key Points

1. The Word reveals who God is and who we are in Him.
2. Meditation on Scripture leads to transformation, not just information.
3. God’s Word renews the mind and produces lasting fruit.

4. Success in the Kingdom begins with obedience to the Word.
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Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Before reading Scripture, ask the Holy Spirit to open your understanding. Pray that the Word will take root and bring change in your heart.
 2. **Scripture Memorization:** Memorize Joshua 1:8. Speak it aloud daily as a reminder that prosperity begins with obedience.
 3. **Brotherhood Connection:** Share one verse that encouraged or corrected you this week with a brother. Discuss how it applies to real-life challenges.
 4. **Service Commitment:** Look for a way to live out the Word this week through an act of kindness, forgiveness, or encouragement. Let obedience to God's Word lead your actions.
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Reflection Prompts

- How does God's Word challenge or encourage me in this season?
 - In what area of life do I need to obey what God has already revealed?
 - How has Scripture begun to reshape my thinking and reactions?
 - What word of encouragement does God have for me to offer another brother this week?
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Prayer of Commitment

Father, thank You for Your Word that gives light and life. I confess that I need Your truth more than my own understanding. Help me to love Your Word, meditate on it daily, and apply it faithfully.

Teach me to speak words that align with Your promises. Let Your truth guard my heart and renew my mind so that I live with wisdom, humility, and obedience. Build my life on the foundation of Your Word and let my actions reflect Your glory.

In Jesus' name, Amen.

WEEK 5 (November 29–December 5, 2025)

BROTHERHOOD AND GRACE

Scripture

Proverbs 27:17, “As iron sharpens iron, so a man sharpens the countenance of his friend.”

Theme

Building strong, grace-filled relationships that reflect God’s love and strengthen faith.

Teaching Focus

A Kingdom Man does not walk alone. Every man needs brothers who can stand with him, speak truth in love, and lift him when he falls. Brotherhood is not about control or comparison. It is about compassion and courage.

The world often measures relationships by performance, status, or shared interests. The Kingdom measures them by grace. Brotherhood begins when men stop competing and start connecting. It grows when we share our struggles, victories, and prayers with honesty and humility.

Grace is the glue that holds brotherhood together. It reminds us that none of us have arrived and all of us are still becoming. In Christ, we are bound together by mercy. When one man stumbles, others help him rise. When one succeeds, the others rejoice.

Brotherhood also sharpens character. Just as iron sharpens iron, men sharpen one another through prayer, encouragement, and truth. But the sharpening process requires contact and vulnerability. Grace creates the safety needed for that kind of honesty.

Brotherhood is not a social connection; it is a spiritual covenant. When men walk in grace together, their lives become living testimonies of the Father’s love.

Key Points

1. Brotherhood is not built on perfection but on presence and grace.
2. Isolation weakens faith; connection strengthens it.
3. True brothers speak truth in love and stand together through every season.

4. Grace makes correction redemptive and relationships restorative.
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Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Pray specifically for one brother each day. Ask God to strengthen his faith and show you how to encourage him.
 2. **Scripture Memorization:** Memorize Proverbs 27:17. Let it remind you that mutual sharpening happens only through connection.
 3. **Brotherhood Connection:** Take the initiative this week to call, text, or meet with a brother. Focus on listening, supporting, and encouraging, not fixing or judging.
 4. **Service Commitment:** Partner with another man in a small act of service. Working side by side strengthens both relationship and faith.
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Reflection Prompts

- How has brotherhood shaped my walk with God in this season?
- What holds me back from being open or vulnerable with others?
- Who can I reach out to this week for genuine connection and encouragement?
- What word of encouragement does God have for me to offer another brother this week?

WEEK 6 (December 6–12, 2025)

SERVICE AS GRATITUDE IN ACTION

Scripture

Mark 10:45, “For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.”

Theme

Serving God and others with gratitude, humility, and love as an expression of faith.

Teaching Focus

Service is one of the clearest marks of a Kingdom Man. It is not born out of obligation or duty, but from gratitude for what Christ has done. When we serve, we reflect the heart of Jesus, the One who came not to be served but to serve.

The self-centered man asks, “What do I get?” The Kingdom Man asks, “What can I give?” Service is the practical expression of submission. It transforms faith from belief into action and gratitude into generosity.

True service is not limited to the church. It happens in homes, workplaces, and communities, wherever love and need meet. A man who serves with joy becomes a channel of God’s grace in everyday life.

Serving also develops humility. It reminds us that every gift, opportunity, and resource we have comes from God. When we serve, we honor Him by using those gifts for the benefit of others.

When service becomes a lifestyle, it reshapes the way we see people. We begin to notice the overlooked, care for the forgotten, and honor those around us. Service is love in motion and love always points back to God.

Key Points

1. Service flows from gratitude, not obligation.
2. The heart of a servant reflects the character of Christ.

3. Serving others breaks the power of selfishness and pride.
4. Every act of service is an act of worship.

Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Ask God each morning to show you one opportunity to serve someone with love and humility.
2. **Scripture Memorization:** Memorize Mark 10:45. Reflect on Jesus as both your Savior and example of servant leadership.
3. **Brotherhood Connection:** Reach out to a brother to serve together this week. It may be through the men's service project or a personal act of generosity.
4. **Service Commitment:** Participate in the men's service project this month. Approach it with gratitude, not obligation. Let your service become an offering of worship to God.

Reflection Prompts

- How does serving others draw me closer to Christ?
- In what ways has pride or comfort limited my willingness to serve?
- What has God revealed to me about humility through this week's service?
- What word of encouragement does God have for me to offer another brother this week?

WEEK 7 (December 13–19, 2025)

LIVING THE KINGDOM LIFE

Scripture

John 15:5, “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.”

Theme

Living faithfully and fruitfully through daily dependence on Christ.

Teaching Focus

The Kingdom Man Challenge concludes where all true spiritual growth begins and ends, abiding in Christ. Every habit, prayer, and act of service flows from this single truth: life apart from Jesus is powerless, but life in Him is fruitful.

Abiding means more than believing. It means remaining. It is a daily decision to stay connected to the Source. Just as a branch draws strength and nourishment from the vine, a man draws power and wisdom from his relationship with Christ.

When we stop abiding, we start striving. The result is exhaustion, frustration, and fruit that does not last. But when we stay rooted in Christ, our lives naturally bear fruit, love, peace, faithfulness, and the evidence of God’s presence in everything we do.

Living the Kingdom Life is not about perfection; it is about connection. A Kingdom Man understands that success is not measured by performance but by presence. The more he abides, the more he reflects the character of the King.

This final week is not the end of the challenge but the beginning of a lifestyle. As you move forward, remember that the same grace that saved you is the grace that will sustain you. Keep praying, keep studying the Word, keep serving, and keep walking in brotherhood. The Kingdom Life is lived one faithful day at a time.

Key Points

1. Abiding in Christ is the source of spiritual fruitfulness.

2. Faithfulness is not perfection; it is consistent connection.
 3. Kingdom living begins with presence before performance.
 4. A fruitful life is the evidence of a surrendered heart.
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Weekly Actions (The Four Commitments)

1. **Daily Prayer (10–30 minutes):** Begin and end each day in gratitude for God's presence. Thank Him for the fruit that is growing in your life and ask for strength to remain connected.
 2. **Scripture Memorization:** Memorize John 15:5. Let this verse become a daily reminder that your strength and success come from abiding in Christ.
 3. **Brotherhood Connection:** Reach out to one brother to celebrate the completion of the Kingdom Man Challenge. Share what God has taught you and pray together for continued growth.
 4. **Service Commitment:** Look for ways to serve that reflect a lifestyle of abiding, not a task, but an overflow of love.
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Reflection Prompts

- How has my relationship with Christ deepened through this challenge?
 - What fruit can I see growing in my life as a result of abiding in Him?
 - What daily practices will help me stay connected to the Vine beyond this challenge?
 - What word of encouragement does God have for me to offer another brother this week?
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Prayer of Commitment

Father, thank You for bringing me through this journey of transformation. I am grateful for the ways You have spoken to my heart and reshaped my life. Teach me to remain in You every day, to draw my strength, peace, and purpose from Your presence.

Help me to live as a Kingdom Man who walks in humility, faithfulness, and love. Let my life bear fruit that brings glory to You and encouragement to others. Keep me connected to the Vine, so that my life continually reflects Your Kingdom on earth.

In Jesus' name, Amen.

NEXT STEPS: CONTINUING THE JOURNEY

From Challenge to Calling

A Summary of the Path You've Traveled

Over the past seven weeks, you have walked a journey of transformation, one that called you to move from self-centered living to God-centered submission.

You began by embracing your new identity in Christ, laying down the old self, and stepping into the freedom of being made new. You learned to pray with purpose, to live by the Word, to walk in brotherhood, to serve with gratitude, and to abide in Christ.

You have discovered that being a Kingdom Man is not about perfection but about presence, walking faithfully with God each day, building your life upon His Word, and letting His love shape how you lead, serve, and relate to others.

This challenge was a beginning, not an ending. The fruit you've seen so far is only the first harvest of what God desires to do through your continued obedience and connection to Him.

A Call to Continue Growing

The Kingdom Man's journey never ends with knowledge; it continues with obedience and community. Spiritual maturity happens as you stay connected to Christ and connected to His people. The next steps below will help you strengthen your foundation, grow deeper in faith, and walk out your calling in the life of the church.

Your Next Steps at Abundant Life Worship Center

1. Water Baptism

Publicly declare your new life in Christ through water baptism. Baptism is an act of obedience and a visible testimony that the old man has died, and the new man has risen to walk in the power of Christ.

2. Attend the *Introduction to ALWC* Class

Learn about the mission, vision, and values of Abundant Life Worship Center. This class will help you understand how your story fits into God's greater purpose and the life of the church.

3. **Take the *Cultivate* Courses (1, 2, and 3)**

The *Cultivate* series is the foundation of spiritual growth at ALWC.

- **Cultivate 1:** Focuses on salvation, baptism, knowing the Holy Spirit, and developing consistent Christian disciplines.
- **Cultivate 2:** Explores identity in Christ, overcoming temptation, resolving conflict, and discovering your gifts and callings.
- **Cultivate 3:** Equips believers for spiritual authority, prayer, intercession, sharing faith, and living with an eternal perspective.

4. **Join a Life Group or Ministry Network**

Life change happens in community. Joining a Life Group or Ministry Network allows you to grow together with other believers, build brotherhood, and strengthen your walk with Christ.

5. **Identify a Ministry to Serve In**

Every Kingdom Man is called to contribute. Find an area of ministry that aligns with your gifts, skills, and God's direction, whether that's men's ministry, worship, outreach, hospitality, or another area of service. Serving is where calling meets purpose.

6. **Follow the Leading of the Holy Spirit**

The Holy Spirit may also prompt you toward a next step not listed here, reconciliation with someone, deeper leadership in your home, mentoring another man, or a step of faith in your career or community. Listen for His voice and walk in obedience.

