

The logo for Abundant Life Worship Center features three overlapping circles: a blue circle at the top, a gold circle at the bottom left, and a dark red circle at the bottom right. The text "Abundant Life" is positioned above "Worship Center" in a white, sans-serif font.

Abundant Life
Worship Center

21 DAYS
OF March 29th - April 19th, 2025
PRAYER

Prayer Devotional
Week 3
Advance and Build

Week 3 Introduction: Advance & Build

Welcome to **Week 3** of our 21-Day Prayer and Fasting journey.

- In Week 1, we returned to the altar—bringing our hearts back into alignment with God.
- In Week 2, we stood in the power of Christ and tore down every stronghold that tried to hinder our freedom.
- Now, in Week 3, we step into the full purpose of the fast: **to Advance and Build.**

You are not just a survivor of spiritual warfare; you are a builder in the Kingdom of God.

This week is about living the abundant life that Jesus came to give (*John 10:10*). It's about embracing the truth that you are not only redeemed, but you are also *called, equipped, and anointed* for fruitfulness.

Ephesians 2:10 (NKJV)

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Isaiah 58:12 (NKJV)

“Those from among you
Shall build the old waste places;
You shall raise up the foundations of many generations;
And you shall be called the Repairer of the Breach,
The Restorer of Streets to Dwell In.”

This is a builder's week. A week where we don't just seek revelation, we walk in **activation and application.**

This week, you will:

- Reclaim your divine assignment.
- Expand your capacity for Kingdom impact.
- Identify the structures, systems, and rhythms that God is calling you to build.

Each day will challenge you to apply Kingdom principles to your relationships, your Oikos, and your calling. God is not simply looking for worshippers, He's raising wise Kingdom builders who can walk in the Spirit, speak truth, and produce lasting fruit.

You have been broken free so that you can build forward.

Week 3.

Sunday, April 13 – Day 15: The Prayer of Jabez – Blessing & Increase

Prayer Model: Jabez Prayer

Opening Scriptures:

"And Jabez called on the God of Israel saying, 'Oh, that You would bless me indeed, and enlarge my territory...'" **1 Chronicles 4:10, NKJV**

"Now to Him who is able to do exceedingly abundantly above all that we ask or think..."

Ephesians 3:20, NKJV

Focus of the Day:

God delights in blessing His children not for selfish centered gain, but so we can expand His Kingdom.

Reflection:

We often assume it's humble to avoid asking for blessing. But Scripture shows us the opposite: those who walk closely with God ask boldly and He responds with abundance.

Jabez is remembered for one thing: he prayed differently. He didn't ask for survival. He asked for *supernatural expansion*. Not for his own ego, but to fulfill divine assignment. The blessing he requested was spiritual empowerment, practical provision, and divine favor to go *beyond* what he had ever seen.

As this final week of fasting begins, let your heart open wide. You've surrendered. You've battled. Now it's time to **build**. Ask for more not because you want more stuff, but because you want to do more for the Kingdom. It's not greed. It's purpose.

Activation Challenge:

- ◆ Write down three areas where you need God's increase (*finances, influence, clarity, creativity, etc.*).
- ◆ Pray the Prayer of Jabez aloud and personalize it.

Worship Activation:

🎵 "More Than Able" – Maverick City Music

🎵 "Your Latter Will Be Greater" – Israel Houghton

Journal Prompt:

- What does "increase" look like in my current season?

- Where is God asking me to believe Him for more?

Prayer of Activation:

Father, bless me indeed not just for my own life, but for those I'm called to impact. Enlarge my territory expand my influence, capacity, and reach. Let Your hand be with me, guiding and protecting me. Keep me from evil, that I may live fully in Your purpose. In Jesus' name, Amen.

Monday, April 14 – Day 16: The Prayer of Jabez – Influence & Favor

Prayer Model: Jabez Prayer

Opening Scriptures:

"...and that Your hand would be with me..." — 1 Chronicles 4:10b, NKJV

*"Surely, Lord, You bless the righteous; You surround them with Your favor as with a shield."
— Psalm 5:12, NKJV*

Focus of the Day:

Kingdom advancement requires God's favor. We don't manipulate doors we walk through the ones He opens.

Reflection:

Favor is not manipulation. It's not networking. It's not hustle. Favor is divine access God opening doors no man can shut.

There's a difference between striving and stewarding influence. Jabez prayed that God's hand would be with him because he knew: "If God is with me, I won't have to force it." That's the kind of favor that moves you into unexpected places, with supernatural ease.

I've heard leaders testify, "I don't even know how I got in the room, but God put me there." That's what favor looks like. It bypasses man's qualifications. It's given, not earned.

Today, ask for favor—and *expect it*. Walk into spaces ready to represent the Kingdom.

Activation Challenge:

- ◆ *Identify one area where you need favor (career, ministry, family, relationships).*
- ◆ *Declare Psalm 5:12 over yourself today.*

Worship Activation:

🎵 *"I Got That" – Anthony Brown & group therAPy*

🎵 *"Turning Around for Me" – Israel & New Breed*

Journal Prompt:

- Where am I believing God to go before me with favor?
- What would change if I truly believed His hand was with me?

Prayer of Activation:

God, I ask for Your favor—not to elevate myself, but to glorify You. Let Your hand be with me in every conversation, every opportunity, every challenge. I declare divine favor over my life. I won't force it—I'll follow You. In Jesus' name, Amen.

Tuesday, April 15 – Day 17: The Prayer of Jabez – Presence & Power

Prayer Model: Jabez Prayer

Opening Scriptures:

"...and that You would keep me from evil, that I may not cause pain."

— **1 Chronicles 4:10c, NKJV**

"Not by might nor by power, but by My Spirit," says the Lord of hosts."

— **Zechariah 4:6, NKJV**

Focus of the Day:

Walking in authority means living in dependence on the Holy Spirit.

Reflection:

Jabez didn't just ask for expansion, he asked for endurance. He wanted to succeed without falling, to rise without pride, to grow without becoming disconnected from the Source.

Many people get the promotion but lose the presence. They receive influence but don't remain rooted. But power without presence is dangerous.

We want to build something that lasts. That means asking God to *keep* us not just from external evil, but from internal compromise.

Fasting reminds us that our strength comes from the Spirit. It's not by might. It's not by skill. It's by Him.

Activation Challenge:

- ◆ *Ask the Holy Spirit to fill you again—and wait in quiet for five minutes.*
- ◆ *List 3 temptations or patterns you are asking God to keep you from.*

Worship Activation:

🎵 *"Rest On Us" – Maverick City Music & UPPERROOM*

🎵 *"All Around" – Israel Houghton*

Journal Prompt:

- Where do I need the Holy Spirit's presence to sustain me?
- What have I been trying to do in my own strength?

Prayer of Activation:

Holy Spirit, I surrender again. Keep me. Fill me. Empower me. Let me not cause pain to myself or others by drifting from You. I need Your strength for every step. Guard my heart. Shape my thoughts. Use my life for Your glory. In Jesus' name, Amen.

Wednesday, April 16 – Day 18: The Prayer of Jabez – Protection & Purpose

Prayer Model: Jabez Prayer

Opening Scriptures:

"...that I may not cause pain." So God granted him what he requested."

— **1 Chronicles 4:10d, NKJV**

"The Lord will fulfill His purpose for me; Your mercy, O Lord, endures forever."

— **Psalms 138:8, NKJV**

Focus of the Day:

To build something that lasts, we must let God protect our hearts and lead us into lasting purpose.

Reflection:

Purpose isn't just about doing what we love. It's about doing what we're *called* to do. And sometimes that means walking through hard things. That's why Jabez ended his prayer with, "Keep me from causing pain."

He understood that **unchecked pain becomes transferred pain**. If we don't let God heal us, we risk harming others. Protection isn't just about safety from attacks it's about staying aligned with purpose, even under pressure.

If you've ever felt "called but conflicted," or "used but unseen," know that purpose often carries a cost—but God will sustain you in it.

Today, recommit your heart to *purpose over platform*.

Activation Challenge:

- ◆ Write a personal purpose declaration (1–2 sentences).
- ◆ Ask God to guard your heart from offense and burnout.

Worship Activation:

🎵 "Make Room" – Maverick City Music

🎵 "Your Presence Is Heaven" – Israel Houghton

Journal Prompt:

- Where am I tempted to give up or get distracted from purpose?
- What do I believe God is calling me to build?

Prayer of Activation:

Lord, protect me from anything that would pull me off course. Keep me from causing pain—to myself or others. Lead me in Your purpose. Let every opportunity point back to You. Use my life, my story, and my obedience to expand Your Kingdom. In Jesus' name, Amen.

Thursday, April 17 – Day 19: Living on Purpose

Prayer Model: Personal Prayer Focus

Opening Scriptures:

"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them."

— **Ephesians 2:10, NKJV**

"But I discipline my body and bring it into subjection, lest... I myself should become disqualified."

— **1 Corinthians 9:27, NKJV**

Focus of the Day:

Your purpose isn't future tense, it's present. And it's not for someone else to fulfill. It's for *you*.

Reflection:

Living on purpose is not about grand titles or being in the spotlight. It's about being aligned heart, soul, and steps with what God has created you to do. Some plant. Some water. Some build. Some intercede. But all are called.

One brother shared, "When I stopped comparing my journey to others and focused on what God asked *me* to do, I found peace." That's what today is about: getting clear, focused, and consistent.

Ask: What is God requiring of me now? Purpose is always discovered through prayer, shaped through obedience, and refined through surrender.

Activation Challenge:

- ◆ Write down your "Kingdom Why" why has God placed you here, in this season?
- ◆ Take one bold action today that aligns with your purpose (send the email, make the call, start the plan).

Worship Activation:

🎵 "Refiner" – Maverick City Music

🎵 "Moving Forward" – Israel Houghton

Journal Prompt:

- What is God asking me to build, pursue, or start?
- What do I need to say "no" to so I can say "yes" to purpose?

Prayer of Activation:

Lord, I don't want to waste what You've placed in me. Help me live every day on purpose. Clarify my next step. Remove every distraction. I choose obedience over fear and faith over comparison. You made me for something great, help me walk in it. In Jesus' name, Amen.

Friday, April 18 – Day 20: Unity in the Body

Prayer Model: Intercession for Church & Family

Opening Scriptures:

"...that they all may be one, as You, Father, are in Me, and I in You..."

— **John 17:21, NKJV**

"Behold, how good and how pleasant it is for brethren to dwell together in unity... for there the Lord commanded the blessing."

— **Psalm 133:1, 3, NKJV**

Focus of the Day:

Unity isn't just nice—it's powerful. It invites the commanded blessing of God.

Reflection:

As we near the end of the fast, we shift our attention outward. One of the enemy's most common tactics is division—within families, churches, and communities. But the Spirit always leads toward unity.

Jesus' final prayer was for us to be one. Not to all think the same, but to love the same—to operate with grace, humility, and mutual honor. You can be spiritually powerful and still be relationally toxic if you ignore unity.

Pray for your family. Pray for your church. Pray for broken relationships to be healed, for misunderstanding to be removed, and for the spirit of offense to be cast down.

Activation Challenge:

- ◆ *Reach out to someone today and extend peace, encouragement, or forgiveness.*
- ◆ *Pray by name for family members and spiritual leaders in your life.*

Worship Activation:

🎵 *"One Sound" – Maverick City Music*

🎵 *"We Speak to Nations" – Israel Houghton*

Journal Prompt:

- Are there any relationships I need to restore or release?
- How can I be a unifier in my church or family?

Prayer of Activation:

Father, I pray for unity—starting with me. Remove pride, offense, and unforgiveness from my heart. Heal broken places in my family. Strengthen my church. Let us walk as one, in love and truth, so the world may see Jesus in us. In Your name, Amen.

Saturday, April 19 – Day 21: Celebrating Resurrected Life & Kingdom Vision

Prayer Model: Full Worship & Gratitude – Lord’s Prayer + Psalm 24

Opening Scriptures:

"He is not here; for He is risen, as He said."

— **Matthew 28:6, NKJV**

"Lift up your heads, O you gates!... And the King of glory shall come in."

— **Psalm 24:7, NKJV**

Focus of the Day:

Everything changes because the tomb is empty. Resurrection is more than a miracle—it’s your new reality.

Reflection:

You made it. Twenty-one days of seeking, stretching, surrendering. Today, you celebrate—not just a fast completed, but a life *resurrected*.

Easter isn’t only about Jesus rising. It’s about us rising *with Him* (Romans 6:5). Every day of this fast was about dying to old ways so you could live in the fullness of Christ. You’re not just returning to “normal” now—you’re advancing with *Kingdom vision*.

Psalm 24 declares the King of Glory is coming in. Let Him take over every part of your life—your dreams, your schedule, your gifts, your voice. Because this world doesn’t need more religion. It needs resurrected people—you, walking in purpose and power.

Activation Challenge:

- ◆ *Declare the Lord’s Prayer aloud with fresh meaning today.*
- ◆ *Write a vision statement for the next 90 days. Where are you going with God now?*

Worship Activation:

🎵 *"Jesus the Same" – Israel & New Breed*

🎵 *"King of Glory" – Maverick City Music*

Journal Prompt:

- What has God resurrected in me during this fast?
- What bold step will I take in this new season?

Prayer of Activation:

Jesus, You are alive and because You live, I live. I step into resurrected life. I cast off old

limits and walk in Kingdom authority. Thank You for every moment in this fast every word, every whisper, every breakthrough. May my life now reflect Your victory. Let me live with Kingdom vision, eyes on eternity, heart full of purpose. Yours is the Kingdom, the power, and the glory forever. Amen.

Final Reflection Space:

(Use this space to reflect on the full journey. What did God reveal? What habits have changed? What's next?)

Week 3 Summary: Advance & Build

"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." **Ephesians 2:10, NKJV**

This week, we were reminded that freedom is not the finish—it is the foundation. God didn't just bring you out, He's calling you to build forward. You are not just delivered; you are designed for something greater. You are a co-laborer with Christ, advancing His Kingdom one obedient step at a time.

In Week 3, you said yes to:

- Reclaiming your purpose.
- Expanding your spiritual influence.
- Walking in favor and fruitfulness.
- Committing to build a legacy that honors the Lord.

You embraced the wisdom of the Prayer of Jabez, not for self-centered gain, but for Kingdom responsibility. You asked boldly for more territory, more clarity, more capacity, so you could be entrusted with more impact.

You prayed not just to receive—but to become.

- A Restorer.
- A Rebuilder.
- A Living Stone in God's house.

Key Reflections from Week 3:

- **Enlarged Capacity** — You opened your hands to receive and your heart to carry more of God's purpose.
- **Walking in Favor** — You declared that God's hand is on you not just to bless, but to build.
- **Living with Purpose** — You refused to go back to routine. You chose to live on assignment.
- **Unity in the Body** — You walked in the Spirit of reconciliation starting with your Oikos and extending to your church and community.
- **Resurrected Life** — You understood that Easter is not just a holiday, it's your spiritual identity. You've been raised with Him to build for Him.

Moving Forward

Don't lose the momentum. Don't let this fire go out. You have clarity now. You have power now. You have purpose now.

The altar may have been the beginning, but the blueprint has been released.

- You are called to repair, restore, and rebuild.
- You are called to lead, disciple, and serve.
- You are called to advance and build.

“He who began a good work in you will complete it...” **Philippians 1:6**

- This is your time.
- This is your territory.
- Advance with boldness.
- Build with vision.

Final Wrap-Up: The Journey Forward

"He who began a good work in you will complete it until the day of Jesus Christ."

Philippians 1:6, NKJV

You've done more than complete a fast. You've rebuilt an altar. You've stood in spiritual authority. You've broken through bondage. And now you've begun to build forward.

This 21-day journey was not just an exercise in spiritual discipline. It was a divine strategy for transformation.

- In Week 1, you returned to the presence of God. You surrendered and realigned your heart at the altar.
- In Week 2, you faced the enemy, pulled down strongholds, and reclaimed your authority through prayer, fasting, and the Word.
- In Week 3, you received God's blueprint—His call to advance, rebuild, and walk in resurrection purpose.
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As **Isaiah 58:12** declares:

"Those from among you shall build the old waste places; you shall raise up the foundations of many generations;
and you shall be called the Repairer of the Breach, the Restorer of Streets to Dwell In."

This is not the end. This is the activation/application.

Going Forward: Live the Fasted Life

Keep these commitments alive:

- Stay in the Word.
- Maintain your time of prayer.
- Live in community and accountability.
- Rebuild the culture around you with truth and grace.
- Protect what God revealed.
- Nurture what He planted.

The altar must remain lit. The assignment must move forward.

Let this be the season that you:

- Live on purpose.
- Walk in power.
- Build a legacy of healing, reconciliation, and truth.

You are the workmanship of God.

You are a restorer.

You are a builder.

Advance—and build.