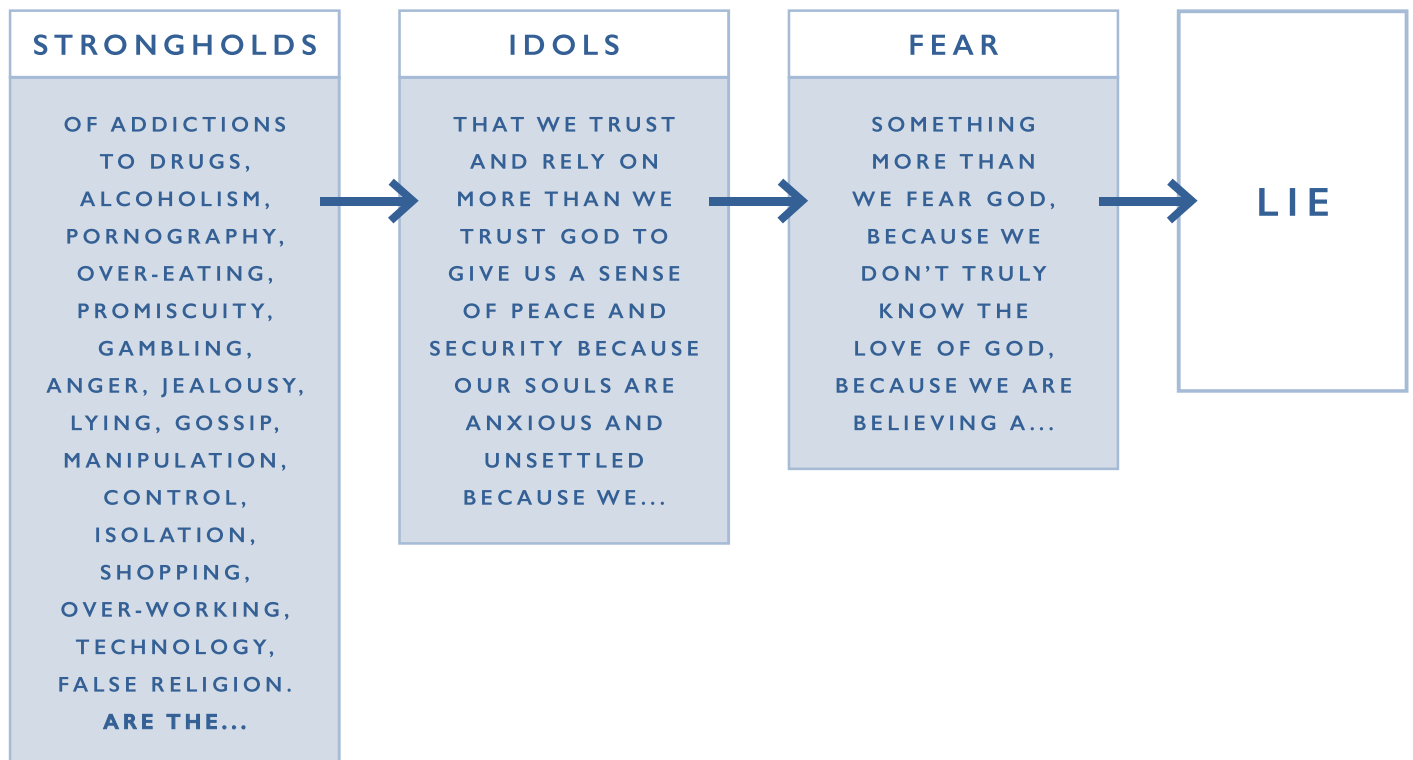


## THE ANATOMY OF A STRONGHOLD

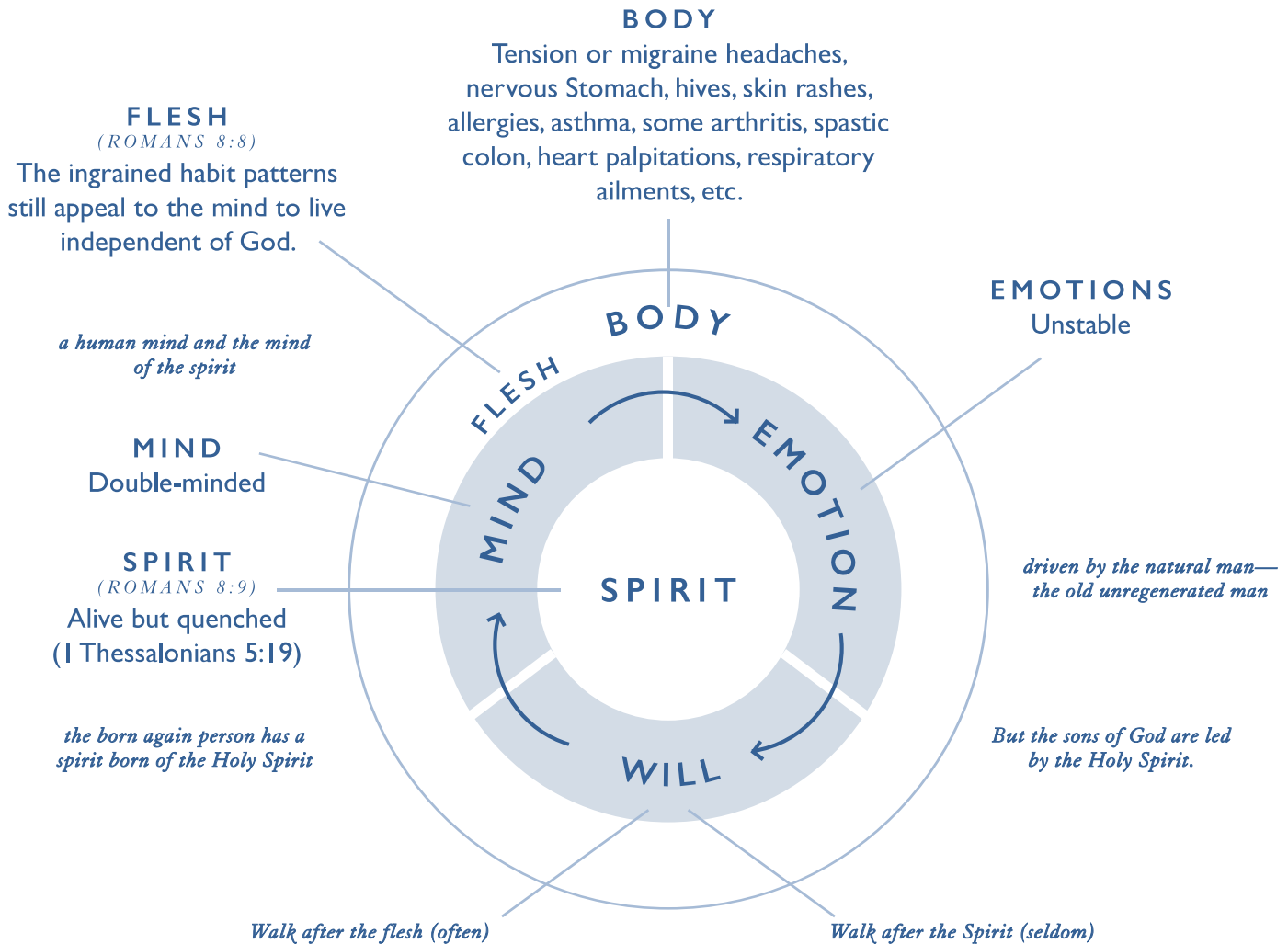
JESUS SAID, “YOU SHALL KNOW THE TRUTH AND THE TRUTH SHALL MAKE YOU FREE.”



## THE MANIFESTATION OF A PERSON WHO CONTINUES TO LIVE BY FLESH AND NOT THE SPIRIT

### *Living According to the Flesh:*

*1 Corinthians 3:3 carnal 'Christians' behaving like mere men; 1 Corinthians 3:16 "Do you not know that you are the temple of God and that the Spirit of God dwells in you?"*



### DEEDS OF THE FLESH

*FLESH AND BLOOD CANNOT ENTER THE KINGDOM OF GOD*

IMMORALITY	OUTBURSTS OF
IMPURITY	ANGER
SENSUALITY	DISPUTES
IDOLATRY	DISSENSIONS
SORCERY	FACTIONS
ENMITIES	ENVYING
STRIFE	DRUNKENNESS
JEALOUSY	CAROUSING

### FRUITS OF THE SPIRIT

*FLESH AND BLOOD CANNOT ENTER THE KINGDOM OF GOD*

LOVE	GOODNESS
JOY	FAITHFULNESS
PEACE	GENTLENESS
PATIENCE	SELF-CONTROL
KINDNESS	

# STRONGHOLD BUSTING

VERSE \_\_\_\_\_

DAY \_\_\_\_\_

SCRIPTURE # \_\_\_\_\_

DATE \_\_\_\_\_

## 1. WRITE SCRIPTURE HERE—THE TRUTH

### 2. TOOLS

- ☐ *Spoke Scripture out loud*
- ☐ *Read surrounding verses*
- ☐ *Read another version*
- ☐ *Used a concordance*

### 3. ANY CONCORDANCE NOTES

### 4. SUMMARIZE THE MESSAGE IN YOUR OWN WORDS

### 5. THE LIE: HOW IS THE TRUTH DIFFERENT FROM HOW I THINK, FEEL, AND ACT?

### 6. LORD, WHAT DO YOU WANT ME TO KNOW CONCERNING THIS SCRIPTURE?

### 7. WRITE A PERSONAL PRAYER OF DECLARATION AND READ OUT LOUD (USE I, YOU, AND ME)—THE TRUTH

# STRONGHOLD BUSTER

## STEP 1 – INQUIRE

- Ask God to Reveal Strongholds
- Remember Satan Wants You to Stay in Bondage
- Desire to Be Changed!

## STEP 2 – IDENTIFY

**Identify the Lie** (i.e. Unloved, Abandoned, Rejected, Inadequate, Hopeless, Stupid, Ugly, etc):

- The lie (the issue I'm struggling with) I have believed about myself is \_\_\_\_\_  
\_\_\_\_\_

**Identify the Effect the Lie Has on My Life:**

- Believing this lie has caused me to \_\_\_\_\_  
\_\_\_\_\_

**Identify God's Truth (Scripture) To Replace the Lie**

- Scripture Verse: \_\_\_\_\_  
\_\_\_\_\_
- Scripture Verse: \_\_\_\_\_  
\_\_\_\_\_
- Scripture Verse: \_\_\_\_\_  
\_\_\_\_\_

**Write a Declaration of Truth**

- I renounce the LIE that \_\_\_\_\_  
\_\_\_\_\_
- Instead I announce the TRUTH that \_\_\_\_\_  
\_\_\_\_\_

## STEP 3 – IMPLEMENT

Persist! For 40 Days—Renew your mind with these Scriptures. Also use the Stronghold Busting Pages as a great tool. Submit to His Transformation and ask for the Holy Spirit to help you in this process of renewing your mind!

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40